

## PAINFUL PERIODS

AMERICAN WOMEN FIND RELIEF

The Case of Miss Irene Crosby Is One of Thousands of Cures Made by Lydia E. Pinkham's Vegetable Compound.

How many women realize that menstruation is the balance wheel of a woman's life, and while no woman is entirely free from periodical suffering it is not the plan of nature that women should suffer so severely.

A woman proposes to instruct and educate her farmers in the technique of good road making. Recognizing the fact that if an evil is to be remedied, it is good logic to begin at the root of the matter, the Iowa good roads commission has conceived the idea of holding a short course in road building in which practical demonstrations will be made and useful instructions given. The Prairie Farmer believes that ultimately valuable and far-reaching results are destined to be realized in Iowa providing this work is properly supported and systematically carried forward.

Some good road promoters seem to be of the impression that any progress toward better country roads must begin with the state legislature. On the other hand it seems clearly evident that effective results must first spring from the demands of the farmer.

Courage the average farmer that the so-called good road is a good thing, and public sentiment will demand all reasonable improvement. In establishing a course of instruction on the advisability, utility and proper construction of the rural highway Iowa seems to have conceived the importance of getting down to the root of the matter. When the farmers of that state have become convinced that the good road is a practicable as well as a useful utility, we anticipate that there will be no difficulty in securing the enactment of any desirable legislation.

As a class we do not believe that the agriculturist is opposed to all advancement in the proper construction of highways, but it is evident that any legislation attempted by any general assembly in the midwest west will have to encounter rough passage until the farmer is thoroughly convinced that the good road law is an actual advantage.

In many of the leading states of the corn belt and adjacent sections, the experiment station and agricultural colleges have liberal appropriations made annually. Ten years ago this was not the case, but having demonstrated their usefulness the farmer as a class urges liberal state assistance. In a large measure this evolution of sentiment must take place in reference to the good road proposition. Iowa has set the educational machinery in motion by announcing its short course.

Perhaps the most commendable factor in the Ames movement is that work will be conducted along the line of developing the rural highways by utilizing home material. There is no question but what good roads can be made out of soil and gravel if the earth is properly handled. The Iowa highway commission proposes to make its beginning along this line, and wisely adopting this course, they will at once secure the interest and cooperation of many of the most progressive farmers of that state.

In her new work Iowa deserves to succeed. Her commission has begun on the plane where the farmer finds himself at the present time. When it has been demonstrated that the possibilities of the earth road have been exhausted, we anticipate that the farmer will be ready to take the initiative in providing for better things. Then the much desired improved rural highway will approach the reality.

**BY MAIL** — All subscriptions (for one year or six months) will be accepted at present rates, until Monday Sept. 4, 1905, and will include all issues published for the edition ordered. Present rates, (void after Sept. 4, 1905.)

DAILY SUBSCRIPTION RATES WILL GO INTO EFFECT ON MONDAY, SEPT. 4, 1905.

THE TIMES-DISPATCH, (Richmond, Va.), will add a MONDAY MORNING PAPER to its present issue, thus publishing every Weekday and Sunday—seven issues each week.

New subscription rates will go into effect on Monday, Sept. 4, 1905.

DAILY AND SUNDAY EDITIONS \$1.00 per year.

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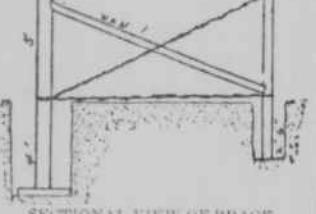
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THE TIMES-DISPATCH, Richmond, Virginia.

Description of Fairly Satisfactory Method of Procedure Is Given in Detail.

A fairly satisfactory method of bracing wire fence posts is shown in the accompanying illustration, says the Orange Judd Farmer. To the lower end of the post is securely spliced a piece



SECTIONAL VIEW OF BRACE.

of two-inch oak board. The post is set four feet in the ground and firmly tamped. The second post is set two and one-half feet in the ground. A four by four-inch brace extends from near the top of the first to the second, near where it enters the ground. Several strands of wire from first to second post near the ground, and then from top of second to bottom of first, complete the bracing. By twisting the wires any slack may be taken up.

A Theory of Egg Moisture.

A writer on poultry subjects in an exchange says that the egg gets rid of its moisture more by reason of the pressure from within than by reason of the evaporation from its surface. He says: "As an evidence of this, infertile eggs do not lose much in size or weight, while a fertile egg loses one-sixth in weight and one-sixteenth in size." This theory does not appear very sound, says Farmers' Review. The fact seems to be that the infertile egg loses more moisture than the fertile egg. One of the ways of testing eggs that have been incubated for some time is to put them in water and see if they will float. The infertile egg floats and the eggs with chicks in them sink to the bottom, which is strong evidence that the infertile eggs have lost more moisture than the fertile ones.

Grease the Plow.

When you finish plowing put your plow away, after greasing it well. The same as with the disc and other implements. Too much money goes to the machinery manufacturer through carelessness on the farms.

The Real Meaning.

Little Clarence—What do people mean when they say a man is right in the prime of life?

Mr. Calipers—They mean, my son, to be considerate of an old man's feelings.—Puck.

Professional Advice.

Tramp—Would you give a poor man who is starvin' somethin' to eat?

Physician—Certainly. That is the proper thing to give him under the circumstances. Two dollars, please.—Chicago News.

After Her.

"Did you ever go insect-hunting?" asked the entomologist.

"No," replied the practical girl; "I don't have to. They're generally hunting for me."—Yonkers Statesman.

A "Yellow" Record.

"Is your paper the leading one in town?"

"Sure! We take in three pounds of butter for subscriptions to the other paper's one."—Judge.

After a boy has learned to smoke he feels so smart that he wants to advise his father about his business.

On sale now.

La Grippe Cough Liniment

cured with Dr. David's Cough Syrup, pure Pine Tar, Horehound and Wild Cherry. Best on earth for coughs, colds, cramps, consumption, rheumatism, throat and lung troubles. Large bottles 25 cents at White & Co. and Winston Drug Co.

White & Co. and Winston Drug Co.